

DAIRY FREE (alternatives highlighted) - AUTUMN/WINTER 2021/22

Highlighted items will be sent separately or omitted from main service; products not highlighted are OK to serve

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breaded chicken burger in a bun served with potato wedges and baked beans	Lincolnshire sausages served with mashed potatoes, peas and gravy	Pasta Bolognese served with carrots	Roast beef in gravy served with roast potatoes, vegetables. NO Yorkshire pudding	Jumbo fish finger served with diced potatoes, sweetcorn, and ketchup
No alternative available	No alternative available	Vegetable Bolognese served with carrots	Vegan burger in gravy served with roast potatoes, vegetables. NO Yorkshire pudding	No alternative available
* Jacket Potato served with baked beans and side salad	* Jacket potato served with DF cheese and carrot/cucumber sticks	* Jacket potato served with tuna mayonnaise and side salad	* Jacket potato served with chilli and side salad	* Jacket potato served with DF cheese and carrot/cucumber sticks
DF Yoghurt Or Fresh fruit	Raspberry fruity jelly NO Cream Or Fresh fruit/ DF Yoghurt	Free from Apple Pie NO Ice Cream Or Fresh fruit/ DF Yoghurt	Free from Jam tart Or Fresh fruit/ DF Yoghurt	Free from Angel cake Or Fresh fruit/ DF Yoghurt
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken in tomato and basil sauce served with green beans and pasta	Pasta bake topped with DF cheese served with salad	Turkey in gravy served with mashed potatoes, swede, and carrots	Lincolnshire sausage served with hash brown, DF omelette and baked beans	Battered fish served with chips, peas, and ketchup
No alternative available	No alternative available	Quorn casserole served with mashed potatoes, swede, and carrots	No alternative available	Vegetable quarter pounder served with chips, peas, and ketchup
* Jacket potato served with Bolognese and side salad	* Jacket potato served with DF cheese and side salad	* Jacket potato served with tuna mayonnaise, carrot/cucumber sticks	* Jacket potato served with baked beans and side salad	* Jacket potato served with coleslaw and crunchy salad
Free from cookie Or Fresh fruit/ DF Yoghurt	Free From Apple Pie NO Custard Or Fresh fruit/ DF Yoghurt	Melon slice with DF Yoghurt Or Fresh fruit	Free from flap jack Or Fresh fruit/ DF Yoghurt	Free From Lemon Drizzle Or Fresh fruit/ DF Yoghurt

Wholemeal bread provided on a daily basis

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WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Barbeque chicken served with rice and corn on the cob	Pasta bake topped with DF cheese served with peas	Chicken breast in gravy served with roast potatoes and vegetables	DF Cheese and tomato pizza served with herby diced potatoes, sweetcorn, and ketchup	Fishcake served with mashed potatoes and baked beans
Five bean chilli served with rice, and corn on the cob	Vegetarian meatballs in a rich and rustic tomato and basil sauce served with wholewheat pasta and peas	Quorn fillet in gravy served with roast potatoes and vegetables	No alternative available	Vegan sausage roll served with mashed potatoes, and baked beans
* Jacket potato served with DF cheese and side salad	* Jacket potato served with tuna mayonnaise and crunchy salad	* Jacket potato served with chilli and carrot/cucumber sticks	* Jacket potato served with DF cheese and side salad	* Jacket potato served with baked beans and carrot/cucumber sticks
DF Yoghurt or Fresh fruit	Free from flapjack Or Fresh fruit/ DF Yoghurt	Peaches and DF Yoghurt Or Fresh fruit	DF Yoghurt Or Fresh fruit	Free from cookie Or Fresh fruit/ DF Yoghurt

Menus run on a three-week revolving basis, changing twice a year, after the Easter Holidays and Autumn Half Term. The current menu as shown above will be available on the following dates.

Week 1	Week 2	Week 3
Weeks commencing	Weeks commencing	Weeks commencing
1 st November 2021	8 th November 2021	15 th November 2021
22 nd November 2021	29 th November 2021	**6 th December 2021
**13 th December 2021	3 rd January 2022	10 th January 2022
17 th January 2022	24 th January 2022	31 st January 2022
7 th February 2022	21 st February 2022	28 th February 2022
7 th March 2022	14 th March 2022	21 st March 2022
28 th March 2022		

* Jacket Potato option not available at all schools.

** These weeks will be subject to change due to Christmas dinners and will be available from your school nearer the time.

** w/c 13th December special menu for Thursday and Friday

PLEASE NOTE: Special Desserts for Friday the 5th of November will be a toffee apple muffin; Thursday the 11th of November will be a Remembrance Day cupcake and Friday the 19th of November will be Children in Need Cake.

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Bonfire Night Friday 5th November

Main Dessert – Free from cake

Remembrance Day Thursday 11th November

Main Dessert – Free from cake

Children in Need Day – Friday 19th November

Main Dessert – Free from cake

WEEK Commencing 13th December 2021

MONDAY 13th	TUESDAY 14th	WEDNESDAY 15th	THURSDAY 16th	FRIDAY 17th
Breaded chicken burger in a bun served with potato wedges and baked beans	Lincolnshire sausages served with mashed potato, peas and gravy	Pasta Bolognese served with carrots	Chicken nuggets served with chips and spaghetti hoops	Beef burger in a bun served with curly fries, corn on the cob and ketchup
Quorn southern fried burger served with potato wedges and baked beans	No alternative available	Vegetable Bolognese Served with carrots	No alternative available	Spicy bean burger served with curly fries, corn on the cob and ketchup
*Jacket Potato served with baked beans and side salad	*Jacket potato served with DF cheese and carrot/cucumber sticks	*Jacket potato served with tuna mayonnaise and side salad	*Jacket potato served with DF cheese and side salad	*Jacket potato served with baked beans and side salad
DF Yoghurt Or Fresh fruit	Raspberry fruity jelly NO Cream Or Fresh fruit/ DF Yoghurt	Free from Apple Pie NO Ice Cream Or Fresh fruit/ DF Yoghurt	Free from cake Or Fresh fruit/ DF Yoghurt	Free from Gingerbread Or Fresh fruit/ DF Yoghurt

Christmas Dinner (weeks commencing 6th and 15th December, date to be advised)

Turkey served with roast potatoes, vegetables, pigs in blankets, stuffing, and cranberry sauce

No alternative available

Free from cake

Wholemeal bread provided on a daily basis