

MENU NOVEMBER 2020

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Barbeque chicken served with rice and corn on the cob	Beef lasagne served with garlic bread and salad	Turkey served in gravy with mashed potatoes and vegetables	All day breakfast, sausage, hash brown, omelette, and beans	MSC Fish and chips served with peas and ketchup
Tomato and basil pasta bake topped with cheese served with corn on the cob	Cheese and tomato ravioli served with garlic bread and salad	Quorn casserole served with mashed potatoes and vegetables	All day breakfast, vegetarian sausage, hash brown, omelette, and beans	Vegetable ¼ pounder served with chips, peas, and ketchup
*Jacket potato served with cheese and crunchy salad	*Jacket potato served with tuna mayonnaise and side salad	*Jacket potato served with bolognaise, carrot and cucumber sticks	*Jacket potato served with beans and side salad	*Jacket potato served with cheese and side salad
Chocolate cookie or Fruit/Yoghurt	Apple pie or Fruit/Yoghurt	Ice cream pot and melon slice or Fruit/Yoghurt	Apricot muffin or Fruit/Yoghurt	Cornflake tart or Fruit/Yoghurt
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken korma served with rice, peas, and wholemeal pitta bread	Pork meatballs in a tomato and basil sauce served with wholewheat pasta and side salad	Chicken breast served in gravy with roast potatoes and vegetables	Cheese and tomato power pizza served with herby diced potatoes, corn on the cob and ketchup	MSC fishcake served with mashed potato and beans
Banana and vegetable korma served with rice, peas, and wholemeal pitta bread	Vegetarian meatballs in a tomato and basil sauce served with wholewheat pasta and side salad	Broccoli and cauliflower bake served with roast potatoes and vegetables	Mediterranean vegetable quiche served with herby diced potatoes, corn on the cob and ketchup	Vegetable fingers served with mashed potato and beans
*Jacket potato served with cheese and side salad	*Jacket potato served with mild chilli and side salad	*Jacket potato served with coleslaw and crunchy salad	*Jacket potato served with tuna mayonnaise and side salad	*Jacket potato served with beans and carrot/cucumber sticks
Strawberry and vanilla mousse or Fruit/Yoghurt	Banana muffin or Fruit/Yoghurt	Lemon shortbread or Fruit/Yoghurt	Peaches and ice cream or Fruit/Yoghurt	Toffee sponge and custard or Fruit/Yoghurt

Wholemeal bread provided on a daily basis

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WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken burger in a wholemeal bun served with seasoned wedges, side salad and mayonnaise	Wholewheat pasta Bolognese served with carrots and garlic bread	Roast beef in gravy served with roast potatoes, vegetables, and Yorkshire pudding	Lincolnshire sausage and mash served with beans	MSC jumbo fish finger served with herby diced potatoes, peas, and ketchup
Quorn burger in a wholemeal bun served with seasoned wedges, side salad and mayonnaise	Vegetable wholewheat pasta Bolognese served with carrots and garlic bread	Quorn fillet in gravy served with roast potatoes, vegetables, and Yorkshire pudding	Vegetarian sausage and mash served with beans	Vegetable Kiev served with herby diced potatoes, peas, and ketchup
*Jacket potato served with cheese and side salad	*Jacket potato served with tuna mayonnaise and side salad	*Jacket potato served with mild chilli and crunchy salad	*Jacket potato served with beans and carrot/cucumber sticks	*Jacket potato served with cheese and side salad
Chocolate ice cream or Fruit/Yoghurt	Apple and caramel crumble with custard or Fruit/Yoghurt	Jam cookie or Fruit/Yoghurt	Orange and mandarin jelly with cream or Fruit/Yoghurt	Lemon drizzle cake or Fruit/Yoghurt

Menus run on a three-week revolving basis, changing twice a year, after the Easter Holidays and Autumn Half Term. The current menu as shown above will be available on the following dates.

Week 1	Week 2	Week 3
Weeks commencing	Weeks commencing	Weeks commencing
2 nd November 2020	9 th November 2020	16 th November 2020
23 rd November 2020	30 th November 2020	** 7 th December 2020
** 14 th December 2020	4 th January 2021	11 th January 2021
18 th January 2021	25 th January 2021	1 st February 2021
8 th February 2021	22 nd February 2021	1 st March 2021
8 th March 2021	15 th March 2021	22 nd March 2021
29 th March 2021		

* Jacket Potato option not available at all schools.

** These weeks will be subject to change due to Christmas dinners, and will be available from your school nearer the time.

** w/c 14th December special menu for wed/thur & fri

PLEASE NOTE: Thursday the 5th of November will be a Bonfire night special menu and the main option pudding for Friday the 13th of November will be Children in Need Cake.

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Bonfire Night Thursday 5th November

Bangers in a bun served with herby diced potatoes and spaghetti hoops

Vegetarian bangers in a bun served with herby diced potatoes and spaghetti hoops

Toffee apple muffin

WEEK Commencing 14th December 2020

MONDAY 14th	TUESDAY 15th	WEDNESDAY 16th	THURSDAY 17th	FRIDAY 18th
Barbeque chicken served with rice and corn on the cob	Beef lasagne served with garlic bread and salad	Cheese and tomato power pizza served with diced potatoes and beans	Sausage in a bun served with seasoned wedges, corn on the cob and ketchup	Chicken nuggets served with chips and spaghetti hoops
Tomato and basil pasta bake topped with cheese served with corn on the cob	Cheese and tomato ravioli served with garlic bread and salad	Omelette served with diced potatoes and beans	Vegetarian sausage in a bun served with seasoned wedges, corn on the cob and ketchup	Quorn nuggets served with chips and spaghetti hoops
*Jacket potato served with cheese and crunchy salad	*Jacket potato served with tuna mayonnaise and side salad	*Jacket potato served with beans and crunchy salad	*Jacket potato served with tuna mayonnaise and carrot/cucumber sticks	*Jacket potato served with cheese and side salad
Chocolate cookie	Apple pie	Christmas tree cookie	Snowman ice cream	Chocolate muffin

Christmas Dinner (weeks commencing 7th and 14th December, date to be advised)

Turkey served with roast potatoes, vegetables, pigs in blankets, stuffing, and cranberry sauce

Quorn fillet served with roast potatoes, vegetables, vegetarian sausage, stuffing, and cranberry sauce

Christmas Cupcake

Wholemeal bread provided on a daily basis