

MENU AUTUMN/WINTER 2023/2024

WEEK 1				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Barbeque chicken served with rice and sweetcorn	Pasta Bolognese served with carrots	Roast pork in gravy served with roast potatoes and vegetables	Sausages served with mashed potatoes and baked beans	Battered fish served with chips, peas and ketchup
Five bean chilli served with rice and sweetcorn	Vegetable and chickpea pasta Bolognese served with carrots	Quorn vegan fillet in gravy served with roast potatoes and vegetables	Vegan sausages served with mashed potatoes and baked beans	Vegetable quarter pounder served with chips, peas and ketchup
*Jacket potato served with cheese and side salad	*Jacket potato served with ham, coleslaw and side salad	*Jacket potato served with tuna mayonnaise and crunchy salad	*Jacket potato served with baked beans and side salad	*Jacket potato served with Chilli and carrot/cucumber sticks
Chocolate ice cream sponge or Fruit or Jelly pot	Jam tart or Fruit or Yoghurt	Honey and apricot flapjack or Fruit or Yoghurt	Melon and ice cream or Fruit or Yoghurt	Chocolate orange cake or Fruit or Yoghurt
WEEK 2				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken and vegetable casserole served with mashed potatoes and green beans	Pork Meatballs in a rich and rustic tomato and basil sauce served with pasta twists and peas	Mild and fruity chicken curry served with rice, mixed vegetables and wholemeal pitta	Roast beef in gravy served with roast potatoes, vegetables and Yorkshire pudding	Fishcake served with diced potatoes and baked beans
Quorn and vegetable casserole served with mashed potatoes and green beans	Vegetarian meatball in a rich and rustic tomato and basil sauce served with pasta twists and peas	Sweet potato, lentil and chickpea curry served with rice, mixed vegetables and wholemeal pitta	Vegan burger in gravy served with roast potatoes, vegetables and Yorkshire pudding	Omelette served with diced potatoes and baked beans
*Jacket potato served with cheese and side salad	*Jacket potato served with Bolognese and carrot and cucumber sticks	*Jacket potato served cheese and side salad	*Jacket potato served with tuna mayonnaise and crunchy salad	*Jacket potato served with Baked beans and side salad
Lemon cookie or Fruit or Yoghurt	Blueberry muffin or Fruit or Yoghurt	Blackcurrant fruity jelly served with squirty cream or Fruit or Yoghurt	Peaches and ice cream or Fruit or Yoghurt	Jam sponge and custard or Fruit or Yoghurt

Wholemeal bread provided on a daily basis

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WEEK 3				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken breast in gravy served with roast potatoes and vegetables	Sausage roll served with mashed potato and baked beans	Chicken breast served with katsu sauce, savoury rice and peas	Beef lasagne served with side salad and garlic bread	Pink salmon fishcake served with diced potatoes, sweetcorn and ketchup
Quorn vegan fillet in gravy served with roast potatoes and vegetables	Vegan sausage roll served with mashed potato and baked beans	Vegan dippers served with katsu sauce, savoury rice and peas	Roasted vegetable lasagne served with side salad and garlic bread	Cheese and tomato power pizza served with diced potatoes, sweetcorn and ketchup
*Jacket potato served five bean chilli and carrot and cucumber sticks	*Jacket potato served with baked beans and side salad	*Jacket potato served with cheese and side salad	*Jacket potato served with tuna mayonnaise and side salad	*Jacket potato served with ham and coleslaw and crunchy salad
Strawberry and vanilla mousse or Fruit or Yoghurt	Mango cookie or Fruit or Yoghurt	Fruit crumble and custard or Fruit of Yoghurt	Carrot cake or Fruit or Yoghurt	Pineapple and ice cream or Fruit or Yoghurt

Menus run on a three-week revolving basis, changing twice a year, after the Easter Holidays and Autumn Half Term. The current menu as shown above will be available on the following dates.

Week 1	Week 2	Week 3
Weeks commencing	Weeks commencing	Weeks commencing
30/10/2023	06/11/2023	13/11/2023
20/11/2023	27/11/2023	04/12/2023
11/12/2023	18/12/2023 <i>menu variations please see online menu</i>	
01/01/2024	08/01/2024	15/01/2024
22/01/2024	29/01/2024	05/02/2024
19/02/2024	26/02/2024	04/03/2024
11/03/2024	18/03/2024	25/03/2024

Please Note, there may be some minor menu changes to the above menu on "special days" which will be communicated via email direct to the school.

Wholemeal bread provided on a daily basis